

CHESHIRE Y/SEA DOG SWIM CLUB

10/Under Short Course Quadrathon

(This meet replaces the 9/Under Short Course Meet.)

Saturday May 31, 2008

HELD UNDER THE SANCTION OF USA SWIMMING AND CONNECTICUT SWIMMING.
SANCTION # L08-12

NAME: SEA DOG SWIM CLUB 10/Under Short Course Quadrathon

DATE: SATURDAY, MAY 31, 2008

LOCATION: CHESHIRE COMMUNITY POOL, 520 South Main Street (RT 10) Cheshire, CT 06410

SPONSORED BY: Cheshire Y/Sea Dog Swim Club

MEET CLASSIFICATION: Open

MEET DIRECTOR: Jane Barlok 203-859-2249 jane.barlok@bms.com

REFEREE: Chris Patrell 203-530-4242 spatrell@cox.net

ENTRY CHAIR: Pat DeVito 203-757-9527 patdevito@comcast.net

SAFETY CHAIR: Liz Aylward 203-464-8811 eaylward@yahoo.com

FACILITY/POOL DESCRIPTION: 8 Lanes, 25 yard pool. The sponsor reserves the right to adjust to 6 or 10 lanes if deemed warranted by the projected time line. Manual Timing will be used for this meet. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs and we encourage the public to bring deck chairs as well. Overflow parking available across the street at Cheshire High School.

EMERGENCY PHONE: 203-271-3208

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

SPLASH FEE: \$5.00/individual event; \$10.00/relay

MANUAL ENTRY FEE: \$1.00 per swimmer for teams with more than 5 swimmers.

MAIL ONE CHECK PER TEAM, PAYABLE TO "STPA" AND FORMS TO:

Ms. Pat DeVito
220 Forest Ridge Road
Waterbury, CT 06708

Teams using express mail, please waive signature requirement.

ENTRY DEADLINE: Entries will be accepted on a first-come first-served basis. Date of receipt is based on Hard Copy and Payment received by Entry Chair. Deadline for CT teams is Tuesday, May 20, 2008 at 6:00 pm. If there is still room in the meet, out of state teams will have until Friday, May 23, 2008 at 6:00 pm or until the meet is full.

ENTRY FORMAT: Teams may email entry to entry chair or submit entries on disk using LSA, Hy-Tek or SDIF software. A paper copy must be sent either way with check. Entries must include name, phone number, email & mailing address of team contact. Also include meet entry fee report for Hy-Tek entries. Unattached swimmers must be clearly marked in RED. NT entries are STRONGLY DISCOURAGED. Entry times should be in Short Course Yards. If sent overnight mail, please sign "waiver of signature". Entries will be accepted on a first-come first-served basis.

**SWIMMER
ELIGIBILITY:**

Swimmers must be 2008 registered members of USA Swimming.

COACH**ELIGIBILITY:**

Coaches must be 2008 registered members of USA Swimming. All coaches must present a valid USA Swimming Coach Card to the Meet Director prior to commencement of any sanctioned swim meet and must have this card with them while on deck.

ENTRY**LIMITATIONS:**

4 individual events per day

CUT**PROTOCOL:**

Teams who had entered the CDOG 9/Under Short Course Meet prior to April 25, 2008 will have priority in this meet, followed then by teams who had previously entered the HMST June 1st 10/U Quadrathlon prior to April 25, 2008. The remainder of the meet will be filled by teams entries accepted on a first-come first-serve basis until the meet is full. The Meet Director reserves the right to make any adjustments deemed necessary to ensure fair and efficient running of the meet including but not limited to: adjusting warm-up and start times, combining age groups (without combining scoring of quadrathlon events). Due to session time constraints the Meet Director will cut relays first and then cut clubs, subject to approval of CSI. Teams will be notified in advance by email of any changes. Be sure to include an accurate email address of the team contact.

SCRATCH**PROCEDURE:**

Scratch sheets will be provided in the Coaches' Packets. These sheets MUST be returned 40 minutes before the session begins with the scratched swimmers names clearly identified.

WARM UPS:

Connecticut Swimming, Inc. warm-up guidelines will be observed. The Meet Director reserves the right to assign general warm-ups by team rather than by age or sex, if the size of the entry and considerations to safety so require. Details and lane assignments will be made available with the Coaches' Packets.

SCHEDULE:

7:00 am Warm-Up

8:00 am Start

AWARDS:

Medals for the top 6 finishers in the "Quadrathlon" scoring. Ribbons for 1st through 6th place for individual events and 1st through 3rd in relays.

REFRESHMENTS/**CONCESSIONS:**

Available throughout warm-ups and competitive sessions.

TIMERS/COUNTERS:

Teams will be required to supply timers based on their entry for the duration of the meet.

RESULTS:

Electronic results will be emailed to attending teams if an email address is provided. Paper results will be sent to participating clubs upon request.

DIRECTIONS:**FROM 91 NORTH:**

To exit 10 (Rt.40 ext). Follow to end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the High School.

FROM 91 SOUTH:

To 691 West. Take exit 3 off 691, Cheshire. At light at the end of ramp, go left, heading south on Rt. 10. Follow Rt. 10 south through Cheshire. Pool is on the left across from the High School.

FROM 84 WEST:

to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

FROM 84 EAST:

To exit 26 (rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.

CHESHIRE Y/SEA DOG SWIM CLUB

9 & Under Short Course Meet

May 31, 2008

7:00am Warm-Up; 8:00am Start

Girls	Event	Boys
1	10 Year Old 50Y Freestyle	2
3	9 Year Old 50Y Freestyle	4
5	8 Year Old 25Y Freestyle	6
7	7 Year Old 25Y Freestyle	8
9	6/Under 25Y Freestyle	10
11	10 Year Old 50Y Backstroke	12
13	9 Year Old 50Y Backstroke	14
15	8 Year Old 25Y Backstroke	16
17	7 Year Old 25Y Backstroke	18
19	6/Under 25Y Backstroke	20
21	10 Year Old 100Y I.M.	22
23	9 Year Old 100Y I.M.	24
25	8 Year Old 25Y Butterfly	26
27	7 Year Old 25Y Butterfly	28
29	6/Under 25Y Butterfly	30
31	10 Year Old 50Y Breaststroke	32
33	9 Year Old 50Y Breaststroke	34
35	8 Year Old 25Y Breaststroke	36
37	7 Year Old 25Y Breaststroke	38
39	6/Under 25Y Breaststroke	40
41	10/Under 100Y Freestyle Relay	42

*In order to run a more efficient meet, please estimate times in events that swimmers have not previously raced in competition.
Relays must be entered with seed times which cannot be changed.*