

Ridgefield Aquatic Club hires new Head Age Group Coach



Chris Woolridge, of Gardner, MA will be the new Head Age Group Coach for the Ridgefield Aquatic Club. Chris has been coaching for 5 years in New Hampshire and Massachusetts. Prior to beginning his coaching career Chris graduated from Keene State College, in Keene N.H. where he swam for 4 years and majored in Business Management. Over the last 4 years Chris has been the Head Age Group Coach for the Greenwood Memorial Swim Club. In that time Chris has grown the age group program from approximately 15 swimmers to nearly 100. Over the course of the last 4 years Chris has developed New England Champions, Zone Qualifiers, and Nationally ranked swimmers. Because of his coaching accomplishments he has achieved an American Swim Coaches Association Level 3 certification which ranks him as one of top 10-15 percent of all coaches in the United States. We at RAC are very excited to have Chris join our coaching staff.